

Practical information

Alcohol	The ships are fully licensed. Beer, wine and spirits are served between 06.00 and 03.00.	Tour leader	There is a tour leader on board all year round. On some departures this service is managed by the reception. External tour leaders (groups) are requested to contact the reception for information on practical details.
Pharmacy/Doctor	As there are only short distances between ports, there is neither a doctor nor a pharmacy on board.	Meals	All meals are included for round trip passengers. Meals are served at set times in the restaurant. In high season, mealtimes may vary during the season if there are several sittings. <ul style="list-style-type: none"> • A breakfast buffet with a wide selection of food, usually served between 07.00-10.00 • Large lunch buffet with hot and cold dishes and dessert, usually served between 12.00-14.30. • 3-course dinner, usually served at 18.30-21.00 <p>The exact hours for meals is given on board.</p> <p>Please note that it may sometimes be necessary to keep cabin vents/portholes closed for safety reasons.</p>
Luggage	For groups, luggage handling must be agreed with the companies prior to travel. We recommend taking 2 small suitcases rather than one large one.	Electricity	220 V AC.
Shop	Souvenirs, knitwear, postcards, video tapes of the journey, stamps and toiletries are for sale from the separate shop or the cafeteria.	Noise	As the ships are working ships which call at ports at all hours there might be some noise, particularly when loading and unloading.
Special dietary requirements	Special dietary requirements, for example vegetarian dishes, must be ordered well in advance of departure.	Sick bay	There is a sick bay on board, which may be booked for stretcher transport, and in other cases if such a cabin is recommended by a doctor.
Disabled guests	All ships, except MS Lofoten have lifts and cabins for disabled guests. People with severe disabilities, or who are unable to take care of themselves, must be accompanied by a carer.	Swimming pool/Jacuzzi	Only on MS Finnmarken. Can be closed occasionally in the winter season.
Remember	Don't forget to bring your binoculars, camera and a video camera. Take practical, warm and windproof clothing for going out on deck. Smart, but casual clothes are worn on board. Good footwear is vital for excursions.	Telephone and fax	All ships have payphones. There is generally good coverage for mobile telephones.
Checking in	Check-in from 18.00 in Bergen. See the timetable from other ports.	Fitness room and sauna	On board the new ships.
Checking out	Checking out of cabins is in accordance with the change of cabin day as stated in Hurtigruten/The Norwegian Coastal Voyage`s timetable.	Laundry	Most ships have laundries with washing machines and tumble dryers except MS Lofoten. Tokens can be bought from the reception.
Internet access	Internet access on some ships.	Wake-up calls	When arriving at night, disembarking passengers are woken between 30 minutes and 1 hour before arrival.
Restaurants	Beverages, sandwiches and hot and cold dishes are available. Normally open 24-hours a day. On some departures the catering service at night will be managed by the reception of the ship.	Valuables	There is a safe in the reception. Hurtigruten/The Norwegian Coastal Voyage accept no responsibility for valuables and money kept in the cabin.
Pets	It is recommended that pets are not brought along on long journeys. Special rules apply to the transport of animals. Contact us for further information.	Weather and climate	Temperatures usually vary between 2°C and -10°C in winter. Summer temperatures in northern Norway vary between 10°C and 30°C depending on the latitude.
Credit cards/currency	VISA, American Express, Eurocard, Diners Club and JBC International, plus most currencies.		
Playroom	Most ships have a playroom except MS Lofoten.		

The Midnight sun; the entire sun remains above the horizon:

Location	First date	last date
Nordkapp	13.05	- 29.07
Hammerfest	16.05	- 26.07
Vardø	17.05	- 25.07
Tromsø	20.05	- 22.07
Harstad	24.05	- 18.07
Svolvær	28.05	- 14.07
Bodø	03.06	- 08.07

Timetable for the period during which the sun remains below the horizon:

Location	last sight of the sun before winter solstice/ first sighting of the sun after winter solstice
Nordkapp	18.11 - 23.01
Hammerfest	21.11 - 21.01
Vardø	22.11 - 20.01
Tromsø	25.11 - 16.01
Harstad	30.11 - 11.01
Svolvær	04.12 - 07.01
Bodø	15.12 - 28.12